

Handwriting Without Tears®

Pre-K Teaching Guidelines

Monday, Wednesday, and Friday: Alphabet Readiness with Manipulatives and Music

1. Sing and play to learn letters and shapes.
2. Learn words for size, shape, position and sequencing from the teacher.

Tuesday and Thursday: Body Awareness, Counting and Crayon Skills

1. Learn about me—about people and animals.
2. Use hands and imitate the teacher for finger plays, counting, and crayon skills.

CD *Get Set For School™ Sing Along* CD
 GSS *Get Set For School™ Student Workbook* (page #s bold)
 LC Capital Letter Cards
 MAT HWT Mat
 PKTG *Pre-Kindergarten Teacher's Guide* (page #s not bold)
 RAD Roll-A-Dough™
 SAS Stamp and See Screen™
 WP Wood Pieces

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	WP "WP on the Floor" p. 7	CD <i>Five Fingers Play</i> #10	CD <i>Alphabet + Alphabet Instrumental</i> #2 #3 WP "WP on the Floor" p. 7	CD <i>Five Fingers Play</i> #10	CD <i>Alphabet + Alphabet Instrumental</i> #2 #3 WP "WP in the Bag" p. 8
2	WP "WP on the Floor" p. 7 "WP Everywhere" pp. 10–11	CD <i>Five Fingers Play</i> #10 <i>Hello Song</i> #7	CD <i>Where Do You Start Your Letters?</i> #1 WP "Curves and Circles" p. 12	CD <i>Hello Song</i> #7 <i>Mat Man</i> #8 WP & MAT <i>Mat Man</i> pp. 19–21	CD <i>Alphabet + Alphabet Instrumental</i> #2 #3 <i>Dog in the School</i> #4 WP "Diagonals" pp. 13–14
3	CD <i>Where Do You Start Your Letters?</i> #1 WP & LC A B C D E pp. 24–26	CD <i>Five Fingers Play</i> #10 <i>Hello Song</i> #7	WP & LC A B C D E pp. 24–26	CD <i>Count on Me</i> #9 <i>Mat Man</i> #8 WP & MAT <i>Mat Man</i>	CD <i>Alphabet + Alphabet Instrumental</i> #2 #3 <i>Dog in the School</i> #4 RAD Rolling snakes, naming letters from the cards.
4	CD <i>Where Do You Start Your Letters?</i> #1 WP & LC F G H I J	CD <i>Crayon Song</i> #5 GSS p. 1 Aim & Scribble	WP & LC F G H I J	CD <i>Mat Man</i> #8 <i>Crayon Song</i> #5 WP & MAT <i>Mat Man</i> GSS p. 2–3 Aim & Scribble	CD <i>Alphabet + Alphabet Instrumental</i> #2 #3 <i>Dog in the School</i> #4 RAD & SAS E F H pp. 27–28
5	CD <i>Where Do You Start Your Letters?</i> #1 WP & LC K L M N O	CD <i>Crayon Song</i> #5 <i>Ant, Bug and Bee</i> #14 GSS pp. 4–5 Aim & Trace	WP & LC K L M N O	CD <i>Mat Man</i> #8 <i>Crayon Song</i> #5 WP & MAT <i>Mat Man</i> pp. 19–21 GSS p. 6–15, choose 2 pages Pictures, Colors & Shapes	CD <i>Alphabet + Alphabet Instrumental</i> #2 #3 <i>Dog in the School</i> #4 WP & MAT E F H p. 26 SLT E F H pp. 29–30
6	CD <i>Where Do You Start Your Letters?</i> #1 WP & LC P Q R S T U	GSS p. 6–15, choose 2 pages Pictures, Colors & Shapes	WP & LC P Q R S T U	GSS p. 6–15, choose 2 pages Pictures, Colors & Shapes	Choice WP & MAT, RAD, SAS, SLT H I L T U
7	CD <i>Where Do You Start Your Letters?</i> #1 WP & LC V W X Y Z	GSS p. 6–15, choose 2 pages Pictures, Colors & Shapes	WP & LC V W X Y Z	GSS p. 6–15, choose 2 pages Pictures, Colors & Shapes	Choice WP & MAT, RAD, SAS, SLT H I L T U
8	PKTG "My Name Starts with..." p. 31	CD <i>Puffy and Fluffy</i> #18 GSS p. 16–17 Vertical & Horizontal	PKTG "My Name Starts with..." p. 31	CD <i>Bird Legs</i> #12 GSS pp. 18–19 Vertical & Horizontal	WP Make shapes with wood pieces

SHAPES, CAPITAL LETTERS, AND NUMBERS

These guidelines give a balance by alternating readiness activities with coloring and tracing letter lessons. Because children vary in how quickly they acquire skills, the schedule builds in time for review and catch up. (Marked as ~~ below.) Please adjust the schedule to suit your children.

Typical Week

Monday and Wednesday Prepare for the new letter by using Roll-A-Dough™, Stamp and See Screen™, Mat, and/or Slate. Further prepare students by using shape or pre-stroke pages.

Tuesday and Thursday Teach the letter using the *Get Set for School*™ workbook page.

Friday Review with favorite songs or manipulative activities. Teach numbers, where indicated, using songs, manipulatives and workbook.

Note: Page numbers refer to the GSS workbook.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
9	Prep L + p. 20	L	Prep F □ p. 23 CD <i>My Teacher</i> #17	F	Sing & Play
10	Prep E p. 24	E	Prep H □ p. 27	H	Sing & Play
11	Prep T	T	Prep I	I	Sing & Play
12	Prep U p. 30	U	~~	~~	Sing & Play
13	CD <i>Magic C</i> #6 Prep C p. 32	C	Prep O	O	Sing & Play
14	○ p. 36 CD <i>My Teacher</i> #17	~~	~~	Q	Sing & Play
15	Prep G p. 38	G	Prep S p. 40	S	Sing & Play
16	~~	~~	~~	~~	Sing & Play 1
17	Prep J p. 42	J	Prep D p. 44	D	CD <i>Bird Legs</i> #12 2
18	Prep P p. 46	P	Prep B	B	3
19	~~	~~	Prep R p. 48	R	CD <i>Animal Legs</i> #13 4
20	Prep K p. 50	K	Prep A p. 52	A	5
21	△ p. 54 CD <i>My Teacher</i> #17	+ ○ □ △ p. 55	Prep V p. 57	V	CD <i>Ant, Bug, Bee</i> # 14 6
22	Prep M p. 58	M	Prep N p. 60	N	7
23	~~	~~	~~	~~	CD <i>Spiders</i> # 15 8
24	Prep W	W	Prep X	X	9
25	Prep Y	Y	Prep Z	Z	Number Review p. 78
26	◇ p. 66	Number Review p. 78	~~	Name p. 82	Check Readiness p. 80
27	~~	Name p. 82	~~	Name p. 82	Check Readiness p. 81
28	~~	Name p. 82	~~	Name p. 82	